

## PREGNANCY – NEW PATIENT QUESTIONNAIRE

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

First day of your last menstrual period: \_\_\_\_\_

How many weeks pregnant are you? \_\_\_\_\_ Approx. Due Date: \_\_\_\_\_

1<sup>st</sup> pregnancy? Y / N If no, how many other children do you have? \_\_\_\_\_

If no, how many other pregnancies have you had? \_\_\_\_\_

Purpose for seeing us today: \_\_\_\_\_

Other doctors / health professionals seen for this condition? Y / N

If yes, please tell us about who you saw and what they did: \_\_\_\_\_

### Prenatal History

Name of OB-GYN / Midwife / Clinic: \_\_\_\_\_

Complications during this pregnancy? Y / N explain: \_\_\_\_\_

Medications during this pregnancy? Y / N explain: \_\_\_\_\_

Ultrasounds / amniocentesis / other testing? Y / N explain: \_\_\_\_\_

Where are you planning on having the baby? Home Birth Center Hospital

Are you planning on having labor support / doula? \_\_\_\_\_

Have you taken / planning to take any childbirth education classes? Y / N Where? \_\_\_\_\_

Are you planning on using a specific labor support technique? \_\_\_\_\_

### Previous Births (not applicable )

Home Birth Center \_\_\_\_\_ Hospital \_\_\_\_\_

How many weeks were you at delivery? \_\_\_\_\_

Name of OB-GYN / Midwife / Clinic: \_\_\_\_\_

Describe your labor: \_\_\_\_\_

Any complications? \_\_\_\_\_

### Exercise and Nutrition

Do you exercise? Y / N What type of exercise? \_\_\_\_\_

What does your diet consist of? \_\_\_\_\_

Have you had any nausea or vomiting? \_\_\_\_\_

Are you taking a prenatal vitamin? Y / N other supplements? \_\_\_\_\_

Coffee or other caffeine? Y / N amount per day: \_\_\_\_\_